

## Lancaster Regional Medical Center General Instruction Sheet

*Please read the following information. Failure to follow these instructions may result in the cancellation of your appointment.*

- 1. No food 8 hours before your appointment.** You may have clear liquids (broth, apple juice, etc.) up to 2 hours before your appointment.
- 2. You must have someone drive you to the hospital and home again after your procedure.** You can expect your visit to last approximately 2 hours.
- 3.** If you have small children, please make prior arrangements for their care. We cannot be responsible for the supervision of your children while you are receiving medical treatment.
- 4.** Please bring your insurance cards with you. If your claim is to be filed with worker's compensation or auto insurance, bring that information with you.
- 5.** Please bring a list of your current medications.
- 6. Lancaster Regional Medical Center** is located at 250 College Ave. Lancaster, Pa. The hospital provides ample parking. There is a free parking lot across the street and also a Day Hospital Parking Area. You will need to enter the Main Entrance to the hospital and turn right and proceed several feet until you reach the registration desk located on the left where they will take care of you.
- 7.** After your procedure, you will be given discharge instructions. If additional injections or treatments are recommended by the doctor, you must call Dorothy to schedule the appointment at 717.627.PAIN. It is important that you call within a few days of your appointment as our schedule fills quickly. Office hours are Monday-Friday from 7:00–3:30pm. A voice mailbox is available for you to leave a message at any time. Please leave a detailed message and a number where you can be reached.